

# 2018 Oklahoma Statewide Autism Conference

<i>Day One</i>	November 13, 2018		
7:30 – 8:15	Registration		
8:15 – 8:45	Opening Remarks and Excellence in Autism Award		
8:45 – 10:15	<b>Promoting Family Wellness: Conceptual and Evidence-based Approaches</b> Jonathan Weiss, PhD, C. Psych		
10:15 – 10:30	Break		
10:30 – 11:45	<b>Expect More: An Autism Adventure</b> Hon. Mike Lake, Member of Parliament		
11:45 – 1:00	Lunch (on your own)		
1:00 – 2:30	<b>Apraxia and Autism: Understanding the Diagnoses for Optimal Treatment Outcomes</b> Sarah Baker, MS, CCC-SLP Allie Bartlett, MS, CCC-SLP	<b>Addressing Mental Health Problems in Youth on the Spectrum: Individual and Contextual Solutions</b> Jonathan Weiss, PhD, C. Psych	
	<b>Accept, Identify, Move: Increasing Adaptive, Flexible Behavior among Children with Social-Emotional Needs Using Mindfulness, Acceptance and Commitment Therapy, and Functional Behavior Management</b> Dana Palliunas, PhD, BCBA, LBSI-I	<b>Transition to Adulthood: Perspectives from Parents and Individuals with ASD</b> Facilitator: Lorrie Sylvester, PT, PhD Including Hon. Mike Lake, Member of Parliament	
2:30 – 3:00	Break		
3:00 – 4:30	<b>AAC from a User's Perspective</b> Lance McLeMore, Self-Advocate	<b>Effective Reading Instruction for ALL Students</b> Tiffany Peltier, MEd	
	<b>Accept, Identify, Move: Increasing Adaptive, Flexible Behavior among Children with Social-Emotional Needs Using Mindfulness, Acceptance and Commitment Therapy, and Functional Behavior Management</b> Dana Palliunas, PhD, BCBA, LBSI-I	<b>Classroom Management and Problem Behavior: Strategies for Success</b> Rene' Daman, PT, MS, BCBA, LBA Joshua Pulos, BFA	
<i>Day Two</i>	November 14, 2018		
7:30 – 8:00	Sign In/Registration		
8:00 – 8:15	Opening Remarks		
8:15 – 9:45	<b>Adaptive Behavior and Programming in Support of a Positive Quality of Life</b> Peter Gerhardt, EdD		
9:45 – 10:15	Break		
10:15 – 11:45	<b>AAC: Clinic, Classroom, Collaboration</b> Camber Moulton, MS, CCC-SLP, ATP Emily Boyett, MA, CCC-SLP, ATP	<b>Parent/Caregiver Participation in Therapy: Improving Outcomes for Children and their Families</b> Maria Jones, PT, PhD Cynthia Barger-Fenton, MA, CCC-SLP Tai Allen, OTR/L	<b>2 Mistakes and 1 Solution: Taking the Mystery Out of Special Needs Planning</b> Riley Carbone Kern, Attorney Laurel Ann Carbone Kern, Attorney Tim Powell, Attorney Angela Jennings, Attorney
	<b>Sexuality and Sexual Education with Individuals with ASD</b> Peter Gerhardt, EdD	<b>The ABCs of Medication Management for ASD</b> Peter Stanbro, MD, MPH	
11:45 – 1:00	Lunch (on your own)		
1:00 – 2:30	<b>Is It More Than Just "Picky Eating"?</b> Brittyn Coleman, MS, RDN/LD	<b>Early Intervention: Programmatic Approaches- Seeing the Forest Through the Trees</b> Donna Goodman, MS, BCBA, LBA	
	<b>Autism and Vocational Rehabilitation Services: Emerging Best Practices</b> Jennifer Hines, MEd, BCBA, LBA	<b>Creating Opportunities for Children with ASD and Their Families: Making it Happen</b> Facilitator: Jennifer Moyano, OTR/L	
2:30 – 3:00	Break		
3:00 – 4:30	<b>So, My Child is a Problem Feeder...What Next?</b> Brittyn Coleman, MS, RDN/LD	<b>Early Intervention: Responding to Challenging Behavior- A Closer Look at the Trees within the Forest</b> Donna Goodman, MS, BCBA, LBA	
	<b>How to Avoid the "Black-Hole" Between Transition and Adulthood: A Parent and Professional's Successful Journey</b> Jennifer Hines, MEd, BCBA, LBA	<b>Understanding Public and Private Autism Insurance Coverage</b> Judith Ursitti, CPA	

## Keynote Presentations

### **Promoting family wellness: Conceptual and evidence-based approaches**

**Jonathan Weiss, PhD, C.Psych.**

Family wellness is an important area of focus for supporting people on the autism spectrum and their parents / caregivers. The current presentation highlights common ways of conceptualizing family stress and resilience in the context of autism, and the state of the literature on ways of providing psychosocial support to parents.

[Handout](#)

### **Expect More - An Autism Adventure**

**Hon. Mike Lake**

Mike Lake is a Canadian Member of Parliament who has travelled around the world working to raise autism awareness and drive meaningful action to improve the lives of people with autism. His presentation uses video clips from interviews and news stories centered around his son, Jaden, who has autism. His goal is to use Jaden's personal story to change the way we think about the people around us – their abilities, their challenges, and the unique contributions that they can make to the great benefit of all of us.

### **Adaptive Behavior and Programming in Support of a Positive Quality of Life**

**Peter Gerhardt, EdD**

Adaptive behavior skills play an important role in promoting a positive Quality of Life (QoL) for young adults with autism post-graduation. In this presentation Dr. Gerhardt will address effective interventions and support, community-based instruction, and the risk/benefit assessment of independence in the community. In addition, parameters often associated with a positive QoL will be discussed.

[Handout](#)

## Concurrent Sessions

### **2 Mistakes and 1 Solution: Taking the Mystery Out of Special Needs Planning**

#### **Riley Carbone Kern, Attorney**

Founder and Partner of Tallgrass Estate Planning, LLP

#### **Laurel Ann Carbone Kern, Attorney**

Founder and Partner of Tallgrass Estate Planning, LLP

#### **Tim Powell, Attorney**

Partner of Tallgrass Estate Planning, LLP

#### **Angela Jennings, Attorney**

Partner of Tallgrass Estate Planning, LLP

You have a loved one with a special need. Now what? Let's discuss the worst and best ways to promote their independence, protect their benefits, and preserve assets.

#### [Handout](#)

### **AAC: Clinic, Classroom, Collaboration**

#### **Camber Moulton, MS, CCC-SLP, ATP and Emily Boyett, MA, CCC-SLP, ATP**

In this session, we will compare and contrast AAC (Augmentative Alternative Communication) assessment and implementation in a clinical setting and an educational classroom. Speech language pathologists have different qualifying criteria and therapy styles based on the environments they work. Yet, communication for their patients and students is always the end goal. We will discuss how speech language pathologists can collaborate to include a cohesive team including the AAC user and their family.

#### [Handout](#)

### **Accept, Identify, Move: Increasing Adaptive, Flexible Behavior among Children with Social-Emotional Needs Using Mindfulness, Acceptance and Commitment Therapy, and Functional Behavior Management**

#### **Dana Paliliunas, PhD, BCBA**

In this presentation Dr. Paliliunas will introduce attendees to Acceptance and Commitment Therapy (ACT) and how to utilize in the context of interventions for children with various social-emotional and psychological needs. ACT incorporates mindfulness and behavior changes processes to increase adaptive, flexible with individuals from various populations who struggle with psychological or social-emotional challenges. The presentation will provide an introduction to ACT, a summary of related research, and an overview of AIM: A Behavior Analytic Curriculum for Social-Emotional Development in Children.

#### [Handout](#)

**Addressing mental health problems in youth on the spectrum: Individual and contextual solutions**  
**Jonathan Weiss, PhD, C.Psych**

It is well known that youth with autism often struggle with emotional and behavioral difficulties. The current presentation describes the kinds of mental health problems common in youth on the spectrum, and ways of addressing them when they arise.

[Handout](#)

**Apraxia and Autism: Understanding the diagnoses for optimal treatment outcomes**  
**Sarah Baker, MS, CCC-SLP and Allie Bartlett, MS, CCC-SLP**

Children diagnosed with autism often have a co-occurrence of apraxia of speech higher than the typical population. While early intervention is necessary for each diagnoses, apraxia treatment looks very different from other types of autism intervention programs. This session will help the participant differentiate between the two diagnoses and understand the treatment principles for apraxia of speech.

**Autism and Vocational Rehabilitation Services: Emerging Best Practices**  
**Jennifer Hines, MEd, BCBA, LBA**

Learn how Workforce Innovation and Opportunity Act, specialized counselors and employment providers, new assessments, focused intervention are just a few examples of emerging best practices and how this is changing how customers with autism are served through Vocational Rehabilitation.

[Handout](#)

**Classroom Management and Problem Behavior: Strategies for Success**  
**Rene' Daman, PT, MS, BCBA, LBA & Joshua Pulos, MEd**

Effective classroom management strategies are important for all students, particularly students who need additional supports and structure to be effective learners. Participants in this session will gain knowledge about effective classroom management strategies for all students, and how to individualize behavioral supports to address more significant problem behaviors that interfere with student success in the classroom. Content shared in this session is relevant for general education and special education teachers.

[Handout](#)

[Activity Worksheet](#)

## **Effective Reading Instruction for ALL Students**

**Tiffany Peltier, MEd**

In this interactive breakout session, teachers will learn about the underlying causes of reading difficulties for elementary students and the research-based strategies to support reading skill development. Attendees will go on to explore best practices in phonics instruction along with strategies for improving student inferencing.

[Handout](#)

[Article](#)

## **How to Avoid the “Black-Hole” Between Transition and Adulthood: A Parent and Professional’s Successful Journey**

**Jennifer Hines, MEd, BCBA, LBA**

Transitioning from school to adulthood is one of a parent’s greatest unknowns and therefore, fears. What does that look like? How do I get my child there? What if I don’t? Learn how to do this through an honest conversation of what it takes through realistic and simple steps.

[Handout](#)

## **It is More Than Just “Picky Eating”?**

**Brittyn Coleman, MS, RDN/LD**

Over 80% of parents of children on the autism spectrum report their child is a “picky eater” ... but is it merely pickiness? During this presentation, we will explore the difference between picky eating and problem feeding and elaborate on the issues these can cause, including chronic gastrointestinal issues and nutrient deficiencies, both of which can affect a child’s behavior, cognition, and well-being.

[Handout](#)

## **Parent/caregiver Participation in Therapy: Improving Outcomes for Children & Their Families**

**Maria Jones, PT, PhD; Cynthia Barger-Fenton, MA, CCC-SLP; Tai Allen, OTR/L**

Through interactive discussions, this presentation will underscore the importance of parent/caregiver participation in occupational therapy, physical therapy, and speech-language pathology. Participants will reflect on current practices and strategies they use to foster parent/caregiver participation. The presentation will encourage partnerships that can improve results for children and their families.

[Handout](#)

[Updated Participant Handout](#)

## **Programmatic Approaches - Seeing the Forest through the Trees**

**Donna Goodman, MS, BCBA, LBA**

To date, 1 in 59 individuals have an Autism Spectrum Disorder. Through years of empirically-based research, we know Applied Behavior Analysis (ABA) is a scientifically-validated, effective treatment for those with an Autism Spectrum Disorder. However, in clinical application, many times we get "stuck" trying to teach one specific skill using one specific technique. This presentation will explore how to utilize a variety of evidence-based techniques to develop and enhance socially meaningful changes in children with autism.

[Handout](#)

## **Responding to Challenging Behavior-A Closer Look at the Trees within the Forest**

**Donna Goodman, MS, BCBA, LBA**

As early interventionists, many times we see children engaging in challenging behavior. It is important as providers to not only utilize consequence-based techniques, but identify and implement antecedent-based strategies as well. This includes assessing what other skills we need to teach the learner in order to help keep them successful. This presentation will explore antecedent-based techniques and strategies to decrease the likelihood of challenging behavior.

[Handout](#)

## **Sexuality and Sexual Education with Individuals with ASD**

**Peter Gerhardt, EdD**

Persons with ASD are sexual beings. Unfortunately, despite much discussion about decision making skills in the self-determination literature, there continues to be lack of evidence supporting the effectiveness of sex education and training for persons with autism spectrum disorders, which behavior analysis can provide. Dr. Gerhardt will provide an overview of the issues related to sexuality education in ASD with an emphasis on the application of evidence-based interventions to teach sexual safety skills, social competence, and basic sexuality information.

[Handout](#)

## **So My Child is a Problem Feeder....What Next?**

**Brittyn Coleman, MS, RDN/LD**

Managing the diet of a picky eater or problem feeder is a difficult task – even knowing where to begin can be overwhelming. During this presentation, Brittyn Coleman, RD, will explore practical strategies to implement, such as feeding therapy and nutritional supplements, as well as most important foods to focus on when addressing your child's diet as a picky eater or problem feeder.

[Handout](#)

## **The ABCs of Medication Management**

**Peter Stanbro, MD, MPH**

On average, a patient and their family will see their psychiatrist for less than 20 minutes a month. Many leave the doctor's office with more questions than answers. Today, I hope to provide an overview of what doctors prescribe, why they prescribe, a review of medication classes, and what medication management is meant to accomplish. Time permitting, families will have a chance to ask questions regarding medication management.

[Handout](#)

## **Understanding Public and Private Insurance Coverage**

**Judith Ursitti**

Navigating the world of health insurance is complicated. Add an autism diagnosis and it becomes even more so. This session will discuss coverage for autism spectrum disorder in both private and public (Medicaid/Sooner Care) plans.

[Handout](#)