

Introducing Your Child!

The following template has been created for you to use as a guide for making an individualized "About Me" book for your child. This book is intended to help paint a picture of your child. As new people come into your child's life and transitions are made this book will be able to help communicate all of the important things about your child with them. These things that you share in this book will help individuals know how to better support and care for your child. Ultimately it will provide a tool that contributes to your child's success!

Tips for creating a GREAT book!

- Be Positive!
- Be as specific as possible.
- Get input from other family members on information to include.
- Ask your child to help when making the book.
- Write each area of this book as if your child was telling it.
- Save this template so you can make changes when needed.
- Individualize it, BE CREATIVE! (This is just a template!)
- Decide which parts of the book you would like to share. (Not all parts have to be included.)
- On the last page, make sure to share your child's goals and the goals that you have for your child. The goals on the template are examples to help you write your own!



(insert photo of child here)

Introducing...

Insert Name



My Story Begins...

I was born in (city), (state) on (date), (year).
I was (number) pounds and (number) inches long.

(Write a short description of child when he/she was a baby. For example:
things they liked, if they were sick as a baby, funny or sweet things they did
as a baby.)

(insert photo of child here)

My Family...

I have (insert number) people in my family. I also have (insert number of
pets)!

(insert picture with family here)

(Names of family members in the picture)

Special Things For You To Know:

❖ Diagnosis

(insert important information about your child's diagnosis)

❖ My Care

(insert information about your child's care and different therapies that he/she receives)

❖ Medical Problems

*(insert important information about your child's medical history and anything important that might require medical attention *Do not include personal information that you do not prefer to share*)*

❖ Sensory

If you have heard much about autism, then you have probably heard about sensory issues. (insert detailed information regarding your child's sensory needs)

Things I like...

Favorite things:

Activities...

(toys, games, activities your child enjoys)

Food...

(food your child likes and food your child dislikes)

Motivations...

(short description of what motivates your child)

Classroom Functioning:

Here are some things that my family thinks are important!

Strengths...

- ✓ (strength)
- ✓ (strength)
- ✓ (strength)
- ✓ (strength)
- ✓ (strength)
- ✓ (strength)

I may need help with...

- ✓ (activity that is hard for your child or that they need help with)
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From My Family

It is our hope that (insert child's name) will enjoy and look forward to attending school. We hope that (insert child's name) will make friends and learn how to maintain those friendships appropriately.

We also hope that he/she will learn how to deal with disappointment and frustration in a more positive manner.

You can expect for us...

- ✓ **To be strong advocates for (insert child's name)**
 - ✓ **To support school staff**
 - ✓ **To cooperate**
- ✓ **To continue learning objectives in our home**

Our Goals:

Our hope is that (insert child's name) will continue to grow so that someday he/she can fulfill his/her purpose. Everything that we do today affects his/her future and his/her ability to gain independence in a world that is going to be a little more difficult for him/her than most.

We believe that this time in his/her life is CRUCIAL for developing his/her skills in working with others – and we need your help to make this happen!

We want (insert child's name) to be happy and to be a contributing individual in this world.

Contacts:

(Include important contact information here)