

2012 Agenda: Oklahoma Statewide Autism Conference

OCTOBER 22nd - MONDAY

- 7:00 am - 6:00 pm Exhibit Hall Open
- 7:00 am - 8:15 am Registration
- 8:15 am - 8:45 am Opening Remarks - Excellence in Autism Award
- 8:45 am - 10:15 am Opening Session:

Asperger's Syndrome

Tony Attwood, BA, MSc, PhD, AFBPsS, MCCPs

During his presentation Dr. Attwood will discuss Cognitive Behavior Therapy to manage emotions, especially anxiety and anger. He will also discuss the expression of Asperger's Syndrome in girls and women and learning profiles of children and adolescents with Asperger Syndrome.

Handout

More information at www.tonyattwood.com.au

- 10:15 am - 10:45 am Break
- 10:45 am - 11:45 am Asperger's Syndrome (continued)
- 11:45 am - 1:00 pm Lunch (on your own)
- 1:00 pm - 2:30 pm Asperger's Syndrome (continued)
- 2:30 pm - 3:00 pm Break
- 3:00 pm - 5:00 pm Asperger's Syndrome (continued)
- 5:00 pm - 6:00 pm Exhibit Hall Open/Art Gallery

OCTOBER 23rd – TUESDAY

7:00 am - 5:30 pm **Exhibit Hall Open**

7:30 am - 8:15 am **Registration**

8:15 am - 10:00 am **Opening Remarks & Keynote**

Weathering Autism in Love and Relationships / A Message of Unconditional Love

Dave Hamrick, MS

Meteorologist

Lindsey Nebeker, BA Music Technology

Partners in Policymaking Alumnus

The purpose of this talk is to describe how people with autism develop and maintain romantic relationships. Topics to be covered include dating etiquette, methods for distinguishing the difference between flirting and general friendliness, and how the concept of love is interpreted.

Handout 1

Handout 2

More information at nakedbrainink.com

10:00 am - 10:15 am **Break**

10:15 am - 11:45 am **Concurrent Session I**

Music as Emotion: View from an Aspie - Interventions for Identifying and Handling Emotions

Julia K. Brazelton, MAcc, MFP, PhD

Many researchers in the field of autism recommend using barometers or other numerical systems for evaluating the intensity of an emotion. I am unable to identify degrees of emotion easily. With my music barometer, I can identify my emotions as well as others emotions.

Handout

The Positive Impact of Using AAC with Individuals with Autism: Basics and Strategies

Karen Wagner, MEd, CCC-SLP

Speech Language Pathologist

This workshop will demonstrate the importance of teaching Augmentative Alternative Communication (AAC) to decrease challenging behaviors, increase language skills, and increase social skills in children with ASD. We will discuss research related to this topic as well as strategies to teach AAC in the natural language environment.

Handout

A Prism of Understanding: Life with Asperger's in 57 ½ Minutes

Jesse A. Saperstein, BA

Author and Anti-Bullying Activist

Jesse A. Saperstein has come to present the themes and optimism within his memoir "Atypical: Life with Asperger's in 20 1/3 Chapters" His talk will also focus on the strategies that have helped him eventually succeed in the adult world. He will also screen his widely-circulated skydiving video, "Free-Falling to End

Bullying in 2012”, which is found on YouTube.

Handout

More information at www.jessesaperstein.com

So What’s the Fascination with Autism and Sex?

*Lindsey Nebeker, BA Music Technology
Partners in Policymaking Alumnus*

There are myths swirling around autism and sexuality ... and boy, there are plenty of them! It’s time to set the record straight from a personal perspective. We will address the origins of these myths, replace them with “reality checks”, address the importance of sexuality education, and hear feedback from a collection of personal perspectives on what they wish others understood about autism and sexuality.

Handout

Working as a Team and Preparing our Youth for Life after High School—Taking the Steps to Transition

*Kimberly Osmani, MEd
Transition Coordinator, Department of Rehabilitation Services*

Preparing youth with disabilities for life after high school is a team effort and begins as early as elementary school, or even earlier. We have to have that vision for the future and begin the planning process. Everyone must be involved in the process—the family, elementary/middle/high school staff, youth themselves, and other service providers. Additionally, there are other transitions in the lives of our children that we must be mindful of and help them prepare for and respond to (e.g., transition from home to pre-school, to elementary school, to middle school, to high school, and to life after high school). In this session, participants will learn about resources and activities applicable to very young children through young adults. We will discuss a timeline of activities and share a transition planning folder.

Handout

Working Together: How to Implement Collaboration Successfully Between All Team Members

Megan Moore, MEd

Collaboration between parents, special education teachers, regular education teachers, and teacher’s assistants is the foundation for success for students with ASD. During this presentation you will learn how to effectively collaborate with all team members. You will hear personally from a regular education teacher, special education teacher, and a teacher’s assistant on their roles and responsibilities that make collaboration effective in their schools.

Handout

11:45 am - 1:00 pm Lunch (on your own)

1:00 pm - 2:30 pm Concurrent Session II

FAST: Strategies for Upper Grade Inclusion

*Valerie Yelverton, MEd
Autism Program Specialist, Tulsa Public Schools*

This presentation will focus on easily implemented strategies for helping students on the Autism Spectrum survive and thrive in the regular education classroom setting. The strategies are centered on the acronym FAST: Flexibility, Assignment Purpose, Sensory Awareness, and Think Time. These strategies should be taught to and shared with parents, students, advocates, and teachers. I have discovered that teaching teachers how to

work with these students is the key to their success in the classroom as is teaching parents and students how to advocate for themselves with the classroom teacher. The strategies are based on research and what I have found to work with my students on the spectrum. The strategies are geared for grades 7-12.

Handout

People Don't Have to be Hard: Learning to Cope in Social Settings

*Diana Mobley, PhD
Licensed Psychologist*

The social skills deficits inherent in autism spectrum disorders contribute to behavioral challenges, anxiety/depression, and reluctance to participate in age-appropriate activities. Interventions aimed at improving competency and confidence in the social skills areas can have tremendous impact on success at home, in school, and in the community.

Handout

A Prism of Understanding: Life with Asperger's in 57 ½ Minutes (repeat)

*Jesse A. Saperstein, BA
Author and Anti-Bullying Activist*

Jesse A. Saperstein has come to present the themes and optimism within his memoir "Atypical: Life with Asperger's in 20 1/3 Chapters" His talk will also focus on the strategies that have helped him eventually succeed in the adult world. He will also screen his widely-circulated skydiving video, "Free-Falling to End Bullying in 2012", which is found on YouTube.

Handout

Safety for People with ASD

*Bill Cannata, Fire Captain, Westwood, Massachusetts
Coordinator for the Autism and Law Enforcement Education Coalition, Massachusetts*

Autism Spectrum Disorders (ASD) are the fastest growing neurobiological conditions in the world, with prevalence numbers rising exponentially over the last six decades. ASDs impair a person's ability to communicate and relate to others. As a result, individuals with ASD are more likely to have a 911 encounter than the average citizen. These events can be high risk calls for the responder and a person with ASD.

Handout

Understanding and Managing Childhood Incontinence: Toilet Training, Enuresis, and Encopresis

*Patrick C. Friman, PhD, ABPP
Director, Boys Town Center for Behavioral Health and
Clinical Professor of Pediatrics, University of Nebraska Medical Center*

This presentation will discuss incontinence in childhood with special emphasis on enuresis and encopresis. It will provide information on definition, prevalence, causes and correlates. Finally, it will provide detailed information on effective treatment including suggestions for successful toilet training and step by step methods for resolving enuresis and encopresis.

No Handout

First Hand Accounts of Living with Autism

Dave Hamrick, MS

Meteorologist
Lindsey Nebeker, BA Music Technology
Partners in Policymaking Alumnus

Living with an autism spectrum disorder is a very interesting experience. David Hamrick and Lindsey Nebeker will discuss the progress they have made in school, college, and adult life. In addition, the presentation will cover topics such as the following: special interests, early intervention, transitions, sleep, employment, and visual stimuli. This session is highly recommended for parents of newly diagnosed children on the autism spectrum and professionals who would like to have an insider's view on autism. Come learn how autism does not always interfere with a person's success in life!

Handout

2:30 pm - 3:00 pm **Break**

3:00 pm - 4:30 pm **Concurrent Session III:**

I Tried It and...It Didn't Work: Selecting and Applying Evidence-Based Strategies to Address the Challenges of Educating Children with Autism

Bonnie McBride, PhD, BCBA-D
Tara Warwick, MS, OTR/L

This presentation will focus on how to identify evidence-based practices (EBPs) for children with ASD. A brief history of EBPs will be provided and current, effective EBPs used with this population will be described. In addition, presenters will describe resources (i.e. internet resources, community based resources, books, articles) where educators can locate and learn more about using EBPs in the classroom.

Handout 1

Handout 2

Handout 3

Handout 4

Legal, Social, and Financial Planning for Families Which Include Someone Who Has a Disability

Sandy Ingraham, JD, MSW
Attorney-at-Law

This session will provide an overview of the process for planning the legal, social, and financial needs of a person with a disability who reaches adulthood or who is left without their caregiver. Topics will include estate planning, special needs trusts, financial planning, letters of intent, guardianship, guardianship avoidance.

Handout

Sensory Storytime at Your Public Library

Judy McCarter, USC/WPS Sensory Integration Certificate, Occupational Therapist
Emily Tichenor, MA, Tulsa City-County Library Youth Services Coordinator

The public library can be a powerful partner in education, socialization, and literacy for families of children with autism and sensory integration challenges. Learn about the Tulsa City-County Library's pilot Sensory Storytime program and its impact on the families of children with autism and sensory integration challenges. This presentation will outline how the Sensory Storytime program was conceptualized, researched, developed, implemented and assessed. It will also discuss strategies for developing sensory programming at public libraries in your community.

Handout 1

Handout 2

Handout 3

Taming Your Dragons: Supporting Self-Regulation in Children with Autism Spectrum Disorders

Diana Mobley, PhD

Licensed Psychologist

Children, adolescents, and adults with autism spectrum disorders struggle to manage their emotions in safe, healthy, and socially acceptable ways. Interventions aimed at helping them to understand their feelings and regulate the ways in which they express theirs must be key elements of behavioral support plans and therapeutic interventions if they are to find success across social settings and comfort in their day-to-day lives.

Handout

Teaching and Interacting with People with Autism

Bill Cannata, Fire Captain, Westwood, Massachusetts

Coordinator for the Autism and Law Enforcement Education Coalition, Massachusetts

This workshop will provide fire and life safety educators and first responders with an overview of Autism Spectrum Disorder (ASD). Growth rates, theories, common characteristics, effective communication methods, and some practical skills on how to effectively interact and teach this audience will be discussed. Capt. Cannata will provide information on how first responders and educators can recognize an individual with ASD, and discuss how actual incidents were handled. Bill will also discuss the unique learning styles of children with ASD, common components of effective teaching programs, and how to use these techniques to teach safety skills to children and adults with ASD.

Handout

Understanding and Managing Child Sleep and Bedtime Problems

Patrick C. Friman, PhD, ABPP

Director, Boys Town Center for Behavioral Health and

Clinical Professor of Pediatrics, University of Nebraska Medical Center

This presentation will discuss the role of sleep in childhood (although much of the information will also be relevant for adults). It will cover the major obstacles to obtaining a good night's sleep as well as the most common sleep problems. Finally, it will provide detailed advice on how to promote a good night's sleep and to solve the most common bedtime problems.

No Handout